

## **TrailRunner 1.6 - journalize, view and share outdoor activities**

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Berbie Software announces an update for TrailRunner 1.6, the outdoor oriented route-planning and journaling software for Mac OS X. Among other improvements, the latest update integrates with GPSies - a community web site to store, view and share outdoor activities and routes. With this new release, TrailRunner users can easily find routes in their neighborhood - shared by other hikers, runners and mountain bikers at GPSies.com.

### **FOR IMMEDIATE RELEASE**

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Additionally the TrailRunner .Mac weblog export now displays shared routes inside the GPSies community site, along with the one click visualization in GoogleEarth.

TrailRunner integrates a wide range of GPS, mapping and workout related scopes into a simple to use application. These include a seamless integration with online services to display topographic maps, satellite photos and elevation data. Workout and geo visualization for Garmin ForeRunner and Edge devices. Native Apple + Nike iPod Sport Kit and Polar RS200d SonicLink workout import. Export of route directions as NanoMaps for color iPods or cellphones. Import and export of GPX or KML file formats.

Focused on users doing any kind of outdoor activities like running, biking, hiking or inline skating, TrailRunner offers automatic route calculation for a given distance and attractiveness, a workout diary, workout histograms and analysis tools for measured data like speed, ascent, heart-rate, personal aerobic zone and more. An integrated exercise plan can help users to improve their base endurance in small and adaptive steps.

TrailRunner 1.6 is freeware but thankfully accepts donations. GPSies is a free online service.

TrailRunner Website:  
<http://www.trailrunnerx.com>

GPSies Website:  
<http://www.gpsies.com>

Direct Download Link:  
[http://trailrunnerx.com/en\\_download](http://trailrunnerx.com/en_download)

Screenshot/App Icon:  
[http://www.trailrunnerx.com/en\\_press](http://www.trailrunnerx.com/en_press)

About Berbie Software:  
Started in 2005, Berbie Software pioneered the development of a Mac OS X application focused on outdoor and long distance sports. By building a mash-up of complex technologies and algorithms, TrailRunner delivers a simple to use application that covers most features outdoor enthusiasts need to plan and journalize their activities.

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About GPSies:

GPSies started as a private initiative in Berlin, Germany and was first announced publicly in August 2006. In the meantime the portal has established itself as one of the internationally biggest providers for outdoor routes with a growing distance of over 600.000 km and more than 9.000 routes.

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