

Acuity Games Unveils Preventing Dementia Infographic

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Acuity Games has unveiled an infographic titled "Preventing Dementia with Brain Health Assessment." The infographic provides details of the looming global dementia epidemic, and explains how brain health assessment can help prevent it. Acuity Games develops a series of apps called brain games that automatically measure changes to brain health. Because measuring brain health is the first step to improving brain health, and preventing the devastating effects of Alzheimer's disease.

Pompton Plains, New Jersey - Acuity Games, a leader in brain health assessment-based brain games for iOS, has unveiled an infographic titled "Preventing Dementia with Brain Health Assessment." The infographic provides an overview of the impending global dementia epidemic, and presents brain health assessment as the key to dementia prevention.

The Infographic highlights six keys points:

- * Brain health declines begins around age 27
- * Longer lifespans will lead to a global dementia epidemic by 2050
- * Over 50% of Alzheimer's (the most common dementia) may be preventable
- * Lifestyle choices impact the rate of brain health decline
- * Measurement is crucial in fighting disease, but isn't used to fight dementia
- * Brain health assessment will lead to the lifestyle choices that prevent dementia

"All of the 1.5 billion people who will be at risk for dementia in 2050 are already 29 years of age or older, and have begun the brain health decline that can lead to dementia. If we're going to prevent the looming global dementia epidemic, we have to act now," said Dan Hansen, founder of Acuity Games. "Brain health assessment can nudge us into making the lifestyle choices that improve brain health and prevent dementia."

Acuity Games' current lineup of brain games includes:

- * Concentration: Match sets of hidden letters, numbers or shapes
- * Deja Vu: Try to remember which tiles you've seen before
- * Edge Match: Match scrambled square puzzle tiles using colors and patterns
- * Flash 2: The classic game of Simon Says using flashes and sounds
- * Grid Guru: Tap tiles to repeat increasingly complex patterns
- * Matchematics: Match sets of unsolved math expressions
- * Rounders: Slide zeros to outside edges, and match numbers on inside edges
- * Shape Shift: Match shapes before they shift positions
- * Sudoku: Match every row, column, and 3x3 sub-grid with the numbers 1 to 9
- * Total Recall: Memorize words and attempt to recall them later
- * Word Crunch: Find words before the letter tiles get crunched
- * Word Hunt: Trace adjacent letters to form words of three letters or more
- * Word Warrior: Form words from previously highlighted lettered tiles

Acuity Games:

<http://acuity-games.com>

Preventing Dementia Infographic:

<http://acuity-games.com/agimages/infographic.png>

Acuity Games on iTunes:

<https://itunes.apple.com/us/artist/peqapps/id312733912>

prMac: Publish Once, Broadcast the World :: <http://prmac.com>

Acuity Games is reinventing brain games with a revolutionary model of brain health assessment. The best way to improve brain health and prevent dementia is healthy lifestyle choices. And the best way to improve the brain health results of lifestyle choices is to measure changes to brain health. Acuity Games - A Scale for Your Brain. All Material and Software (C) Copyright 2014 Acuity Games. All Rights Reserved. Apple, the Apple logo, iPhone, iPod and iPad are registered trademarks of Apple Inc. in the U.S. and/or other countries. Other trademarks and registered trademarks may be the property of their respective owners.

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