

## Synium Software releases Foodurama Beta: Your Personal Nutrition Expert

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Synium Software today is proud to release Foodurama as Public Beta. Foodurama helps you keep track of what you eat. Not only does Foodurama log all the dishes and beverages you've had today, but it also suggests what to eat to ensure a balanced diet. No matter whether you're trying to stay in shape or regain last year's physique, Foodurama will enhance your awareness. Foodurama immediately saves all data and incorporates it in its calculations.

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Is a full stomach all it takes to be satisfied? Eating well, properly and in a balanced way - it's just not as easy as it sounds. At some point, you will definitely have found yourself staring at the ingredients and nutrition facts listed on your product packs in disbelief and awe. So, which of them does your body need? Was it the saturated or unsaturated fats that are the healthy ones? And what about calcium? Is there a "too much" that's harmful?

Nutrition is a science in its own right. Entire truckloads of specific literature could be ploughed through and you still wouldn't have covered all facets of the topic. In most cases that's not necessary, minor adjustments may suffice.

Users can select from Foodurama's extensive food database and drop whatever they ate or drank onto the calendar, specify the amounts and that's it. Foodurama immediately saves all data and incorporates it in its calculations. By the suggestions Foodurama makes one can easily find out whether it's okay to eat steak next friday or if they should stick to eating salad. If somebody gave in to temptation today, what should he or she be eating tomorrow? All requirements are based on recommendation of the WHO.

Foodurama helps you:

- \* Find out what your body needs
- \* Eat a more balanced diet
- \* Get to know a greater selection of foods/dishes
- \* Keep an eye on your weight
- \* Stick to special diets

Supported Languages:

- \* US English and German

System Requirements:

- \* Mac OS X 10.4.11 ("Tiger"), 10.5 "Leopard" recommended, compatible with 10.6 "Snow Leopard"
- \* 1 GB RAM
- \* Foodurama runs on PowerPC Macs with at least 1 GHz and on any Intel Mac
- \* 300 MB free hard drive space

Pricing and Availability:

Foodurama is priced at \$29 (USD) during the public beta. The final version will cost \$39 (USD). A fully-featured, time-unlimited demo version is available for free and allows 30 meals to be entered. Although this Public Beta of Foodurama has been submitted to heavy

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internal testing, crashes and even the loss of data cannot be completely ruled out. Beta versions of Foodurama should not be used in a live, or production environment, and users are advised to test at their own risk.

Foodurama Public Beta:

<http://www.synium.de/products/foodurama/index.html>

Application Icon:

<http://data.synium.de/5435.png>

Download Foodurama:

<http://www.synium.de/latestversion/Foodurama.dmg>

Purchase Foodurama:

<http://www.synium.de/products/foodurama/confirm.html?t=http://store.eSellerate.net/synium/store>

Screenshot 1:

<http://www.synium.de/doc/overviewfoodu.png>

Screenshot 2:

<http://www.synium.de/doc/nutrivaluesnew.png>

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