

Sleeping Pill 1.0 released for iPhone and iPod touch - Helps You Sleep

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California based TAS Productions today announces the release of Sleeping Pill 1.0 for the iPhone and iPod touch devices. Sleeping Pill is specifically designed to help you sleep. The developers researched various methods for accelerating the sleeping process and created a precise 3 stage procedure. Stage 1 helps clear your mind so you can relax and free yourself to fall asleep. Stage 2 - Helps you relax and relieve stress, while Stage 3 helps your eyes tire.

San Diego, California - TAS Games today is pleased to announce the release of Sleeping Pill 1.0 for iPhone and iPod touch devices. Have you ever had a night where you toss and turn and can't fall asleep? Do you ever have the need to fall asleep quickly but can't? Have you ever been in bed and your mind is racing and too active to fall asleep? Sleeping Pill 1.0 is specifically designed to help you sleep.

The developers researched various methods for accelerating the sleeping process and created a precise three stage procedure. The three stages are each designed to tackle a specific sleep related behavior:

- * Stage 1 - Clears your mind so you can relax and free yourself to fall asleep.
- * Stage 2 - Helps you relax and relieve stress.
- * Stage 3 - The final stage helps your eyes tire. This stage of the app simulates and enhances reading related eye movements. Hold the device close to your face, keep your head steady, and follow the "Z" with your eyes. The "Z" moves in a precise pattern specifically designed to tire your eyes.

Once Stage 3 is complete, you will feel tired, relaxed, and ready for a good night's rest.

Device Requirements:

- * iPhone and iPod touch
- * Requires iPhone OS 3.1.2 or later
- * 0.5 MB

Pricing and Availability:

Sleeping Pill 1.0 is only \$0.99 (USD) and available exclusively through the App Store in the Healthcare & Fitness category.

Sleeping Pill 1.0:

<http://tspreel5.ulmb.com/sleep.html>

Purchase and Download:

<http://itunes.apple.com/us/app/sleeping-pill/id359527285?mt=8>

Screen Shot 1:

<http://a1.phobos.apple.com/us/r30/Purple/3f/6a/5d/mzl.fvvlwuls.jpg>

Screen Shot 2:

<http://a1.phobos.apple.com/us/r30/Purple/be/ce/ef/mzl.blybuwdn.jpg>

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