

Downtown Software House releases Runner's Log 1.1.0 for Mac OS X

Published on 03/18/08

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Runner's Log allows new and experienced runners, joggers and walkers to track their workouts in Mac OS X. Users can add workouts manually through an easy to use interface, or import Stopwatch and Nike+ data from compatible a compatible iPod. The workout journal can be customized with personal notes and comments, location, weather and other attributes.

Runner's Log shows graphs and history for each run, along with derived data and statistics such as the number of calories burned and the average lap pace.

The Runner's Log 1.1.0 update includes many new features requested from users, including Nike+ support, the ability to assign locations and images to workouts, user interface improvements, bug fixes and more.

System Requirements

- * Supports Mac OS X versions 10.4.11 and 10.5.2 Leopard.
- * Universal binary for PowerPC and Intel processors.
- * Fifth generation iPod, iPod Classic, or iPod Nano required for Stopwatch and Nike+ data import.

Pricing and Availability

Runner's Log can be purchased for \$19.95 USD. A free demo version is available that can hold up to ten workouts. Users with an existing Runner's Log license can update to version 1.1.0 for free.

Downtown Software House:

<http://www.downtownsoftwarehouse.com/>

Runner's Log 1.1.0:

<http://www.downtownsoftwarehouse.com/software/RunnersLog/>

Direct Download Link:

<http://www.downtownsoftwarehouse.com/software/RunnersLog/download/>

Purchase Link:

<http://www.downtownsoftwarehouse.com/store/>

Downtown Software House has been producing Mac OS X software since 2004. Based in Rochester New York, Downtown Software House has received acclaim and praise from both users and Macintosh magazines worldwide. Nike+ is a registered trademark of Nike, Inc. iPod, iPod Classic, and iPod Nano are registered trademarks of Apple Inc.

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