

TrailRunner 1.8 - Route planning for Garmin GPS or Nike+ SportBand

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Berbie Software announces an update for TrailRunner, the outdoor oriented route-planning and journaling software for Mac OS X. Among other improvements, Release 1.8 has a reworked overall application design to match the current state of the art for applications on Mac OS X 10.5 Leopard. Routes and Workouts are now directly accessible in the main window. Numerous improvements and bugfixes increase the stability and user experience.

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For members of the Nike+ online community, TrailRunner integrates with nikeplus the online service for the Nike+ SportBand and the Apple Nike+iPod Sport Kit running devices. Nike+ users can display their collected workout data within TrailRunner, match the recordings with routes created in TrailRunner and analyze their performance with enhanced tools.

For users of GPS devices like the Garmin ForeRunner or Garmin Edge, the new release now offers an improved and optimized course merge to successively complete the personal trail network. Additionally the TrailRunner workout diary now displays a better overall workout history chart along with an extended personal weblog export. Also an import of TCX workout files for the recent Garmin ForeRunner 50 and Garmin ForeRunner 405 devices was added.

TrailRunner integrates a wide range of GPS, mapping and workout related scopes into a simple to use application. These include a seamless integration with online services to display topographic maps, satellite photos and elevation data. Easy workout import and geo visualization for Garmin ForeRunner and Edge devices.

Workout import and geo matching for running devices like the Apple + Nike iPod Sport Kit, Nike+ SportBand or Polar RS200d. Export of route directions as NanoMaps for color iPods or cellphones. Import and export of various file formats. Integration with free digital mapping communities like GPSies.com and OpenStreetMap.org

Focused on users doing any kind of outdoor activities like running, biking, hiking or inline skating, TrailRunner offers automatic route calculation for a given distance and attractiveness, a workout diary, workout histograms and analysis tools for measured data like speed, ascent, heart-rate, personal aerobic zone and more. An integrated exercise plan can help users to improve their base endurance in small and adaptive steps.

TrailRunner 1.7 is freeware but thankfully accepts donations.

TrailRunner:
<http://www.trailrunnerx.com>

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http://trailrunnerx.com/en_download

Press Images:
http://www.trailrunnerx.com/en_press

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Started in 2005, Berbie Software pioneered the development of a Mac OS X application focused on outdoor and long distance sports. By building a mash-up of complex technologies and algorithms, TrailRunner delivers a simple to use application that covers most features outdoor enthusiasts need to plan and journalize their activities.

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