

TrailRunner 1.8 - discover and share routes for outdoor activities

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Berbie Software announces an update for TrailRunner 1.8, the outdoor oriented route-planning and journaling software for Mac OS X. Among other improvements, the latest update has a full integration with GPSies - a community web site to store, view and share outdoor activities and routes. With this new release, TrailRunner users can easily find routes in their neighborhood and share their own with other hikers, runners and mountain bikers.

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TrailRunner integrates a wide range of GPS, mapping and workout related scopes into a simple to use application. These include a seamless integration with online services to display topographic maps, satellite photos and elevation data. Easy workout import and geo visualization for Garmin ForeRunner and Edge devices. Workout import and geo matching for running devices like the Apple + Nike iPod Sport Kit, Nike+ SportBand or selected Polar heart-rate monitors. Export of route directions as NanoMaps for color iPods or cellphones. Import and export of various file formats. Integration with free digital mapping communities like GPSies.com and OpenStreetMap.org

Focused on users doing any kind of outdoor activities like running, biking, hiking or inline skating, TrailRunner offers automatic route calculation for a given distance and attractiveness, a workout diary, workout histograms and analysis tools for measured data like speed, ascent, heart-rate, personal aerobic zone and more. An integrated exercise plan can help users to improve their base endurance in small and adaptive steps.

TrailRunner 1.8 and GPSies are both free but thankfully accept donations.

TrailRunner 1.8:
<http://www.trailrunnerx.com>

GPSies:
<http://www.gpsies.com>

Download TrailRunner:
http://trailrunnerx.com/en_download

Using GPSies online services in TrailRunner:
<http://homepage.mac.com/berbie/TrailRunner/blog/files/tag-gpsies.html>

Started in 2005, Berbie Software pioneered the development of a Mac OS X application focused on outdoor and long distance sports. By building a mash-up of complex technologies and algorithms, TrailRunner delivers a simple to use application that covers most features outdoor enthusiasts need to plan and journalize their activities.

GPSies started as a private initiative in Berlin, Germany and was first announced publicly in August 2006. In the meantime the portal has established itself as one of the

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internationally biggest providers for outdoor routes with a growing distance of over 7.5 million km and more than 82,000 routes.

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