

Leading Neuroscientist Creates First Weight Loss Alarm Clock App

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The new and patented "The Weight Loss Alarm Clock" app for iPhone, iPad, iPod touch and Android devices helps individuals lose fat, and excess weight by reducing stress and cortisol while sleeping. The brainchild of a neuroscientist, The Weight Loss Alarm Clock re-adjusts to the user's personal wake-up needs. The system keeps learning more about the user with every use, in order to lead a person smoothly from the deep sleep phase or dream phase, into the light sleep phase without notice.

Hannover, Germany - The new Weight Loss Alarm Clock app is helping individuals lose fat, and excess weight by reducing stress and cortisol while sleeping. The patented "The Weight Loss Alarm Clock" app for iPhone, iPad, iPod touch and Android devices is the brainchild of a neuroscientist who took notice of a study from the National Research Centre for the Working Environment in Denmark, which showed that even a wake-up call from a conventional alarm clock, could put the human body under unhealthy stress and Cortisol.

The study also revealed that higher and more prolonged levels of cortisol in the bloodstream in the morning had negative effects on individuals. Such as: weight gain, skeletal muscle wasting, impotence, depression, suppressed thyroid function and blood sugar increase. It also was determined to cause a decrease in skeletal muscle tissue mass and power, high blood pressure, lowered immunity, decreased testosterone levels, impaired erectile function, menstrual abnormalities, fatigue, pain, and migraine headaches.

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Device Requirements:

- * iPhone 3GS/4/4S/5/5S, iPod touch (3rd/4th/5th generation), and iPad
- * Requires iOS 4.3 or later
- * 0.9 MB

Pricing and Availability:

"The Weight Loss Alarm Clock" v1.1 is only \$1.99 (or equivalent amount in other currencies) and available worldwide exclusively through the App Store in the Health & Fitness category. It is also available for Android. For more information please visit their website today.

The Weight Loss Alarm Clock 1.1:

<http://stressfreealarmclock.com>

Purchase and Download:

<https://itunes.apple.com/app/id640956717>

Screenshot 1:

<http://a1400.phobos.apple.com/us/r1000/089/Purple/v4/f3/6a/53/f36a535d-8c47-a851-263c-85abd0a2ca63/mzl.rycssiod.320x480-75.jpg>

Screenshot 2:

<http://a1470.phobos.apple.com/us/r1000/063/Purple/v4/cf/92/a8/cf92a82c-3861-f4b4-deec-801de9c374fe/mzl.siriscxf.320x480-75.jpg>

App Icon:

<http://a2.mzstatic.com/us/r1000/062/Purple/v4/d2/22/eb/d222ebaa-37aa-4e26-320f-7a838471ffa2/mzl.iuibxrof.175x175-75.jpg>

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