

Synium releases Foodurama 1.0 Final - Your Personal Nutrition Expert

Published on 12/17/09

Synium Software today announces Foodurama for Mac OS X. Foodurama helps you keep track of what you eat. Not only does Foodurama log all the dishes and beverages you've had today, but it also suggests what to eat to ensure a balanced diet. No matter whether you're trying to stay in shape or regain last year's physique, Foodurama will enhance your awareness. Foodurama immediately saves all data and incorporates it in its calculations.

Mainz, Germany - Synium Software today is proud to announce the availability of Foodurama for Mac OS X. Foodurama helps you keep track of what you eat. Not only does Foodurama log all the dishes and beverages you've had today, but it also suggests what to eat to ensure a balanced diet. No matter whether you're trying to stay in shape or regain last year's physique, Foodurama will enhance your awareness. Foodurama immediately saves all data and incorporates it in its calculations. New since Public Beta: Massively enhanced performance, faster access to favourite food entries and new graphical views.

Is a full stomach all it takes to be satisfied? Eating well, properly and in a balanced way - it's just not as easy as it sounds. At some point, you will definitely have found yourself staring at the ingredients and nutrition facts listed on your product packages in disbelief and awe. So, which of them does your body need? Was it the saturated or unsaturated fats that are the healthy ones? And what about calcium? Is there a "too much" that's harmful?

Users can select from Foodurama's extensive food database and drop whatever they ate or drank onto the calendar, specify the amounts and that's it. Foodurama immediately saves all data and incorporates it in its calculations. By the suggestions Foodurama makes one can easily find out whether it's okay to eat steak today or if they should stick to eating salad. If somebody gave in to temptation this afternoon, what should he or she be eating later that day? All requirements are based on recommendation of the WHO.

Sports activities can be entered along with the user's meals, having great influence on their dietary requirements and ultimately improving their well-being.

New since Foodurama Public Beta:

- * Much enhanced performance
- * New list of recent meals and most frequently entered foods
- * New analysis view allowing overlaying multiple graphs in one diagram

Foodurama in short form:

- * Find out what your body needs
- * Eat a more balanced diet
- * Get to know a greater selection of foods/dishes
- * Keep an eye on your weight
- * Stick to special diets

Supported Languages:

- * US English and German

System Requirements:

- * Mac OS X 10.4.11 ("Tiger"), 10.5 "Leopard" or 10.6 "Snow Leopard"
- * 1 GB RAM
- * Foodurama runs on PowerPC Macs with at least 1 GHz and on any Intel Mac
- * 500 MB free hard drive space

prMac: Publish Once, Broadcast the World :: <http://prmac.com>

Pricing and Availability:

Foodurama is priced at \$29 (USD). Updates from Foodurama Public Beta are free.

Foodurama:

<http://www.synium.de/products/foodurama/index.html>

Download Foodurama:

<http://www.synium.de/latestversion/Foodurama.dmg>

Screenshot 1:

<http://www.synium.de/doc/overviewfoodu.png>

Screenshot 2:

<http://www.synium.de/doc/nutritionnew2.png>

App Icon:

<http://data.synium.de/5435.png>

Synium Software GmbH is a software development and consulting company, based in Mainz (Mayence), Germany. Apart from being a successful publisher within the Mac software market, we offer a popular web-based news service at mactechnews.de for the German-speaking audience. All Material and Software (C) 2005-2009 Synium Software GmbH / All Rights Reserved. Apple, the Apple logo, are registered trademarks of Apple Computer in the U.S. and/or other countries.

###

Gero Baier

Media Contact

+49-6131-4970-215

info@synium.de

Link To Article: <https://prmac.com/release-id-9443.htm>
